

RECORDED AT ÖRGELSMÍÐJAN, SUNDLAUGIN, GINGER PALACE & LJÓNSHJARTA
BETWEEN JULY & OCTOBER 2010

PRODUCED BY ÞÓRARINN GUBNASON & HRAFNKELL GUBJÓNSSON

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MIXED BY ÞÓRARINN GUBNASON

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ARTWORK & LAYOUT BY LIV CAROLINE HOTVEDT LAURSEN

PHOTOS BY LIV CAROLINE HOTVEDT LAURSEN, ANDERS RIMHOFF & IDA OLIVE

ALL MUSIC BY ÞÓRARINN GUBNASON & ARNÓR DAN ARNARSON

ALL LYRICS BY ARNÓR DAN ARNARSON EXCEPT "ABOVE THESE CITY LIGHTS"
WHICH INCLUDES "SUICIDE'S NOTE" BY LANGSTON HUGHES

ALL MUSIC PERFORMED BY AGENT FRESCO

ACCORDION ON "PAUSED"
ÞÓRÞUR GUNNAR ÞORVALDSSON

INTRO GUITAR ON "A LONG TIME LISTENING"
GUBRÓN HALLA GUBNADÓTTIR

AGENT FRESCO:

ARNÓR DAN ARNARSON
VOCALS

HRAFNKELL ÖRN GUBJÓNSSON
DRUMS, PERCUSSION, PIANO, VOCALS

VIGNIR RAFN HILMARSSON
BASS, UPRIGHT ELECTRIC BASS, VOCALS

ÞÓRARINN GUBNASON
GUITAR, PIANO, STRINGS, PROGRAMMING, VOCALS

AGENT FRESCO

-

A
LONG
TIME
LISTENING



A LONG TIME LISTENING



1. ANEMOI

-
RESTORE THESE SOUNDS
AS THE NIGHT GLEAMS CLEARING SIGHS
I'M LISTENING
RESTORE THESE SOUNDS
RECITE

RESTORE THESE SOUNDS
AS THE LIGHT-BEAMS SWAY IN THE DAY
I'M LISTENING
RESTORE THESE SOUNDS
RECITE

RESTORE THESE SOUNDS
AS THE LOOMING SHROUD REPLAYS
I'M LISTENING
RESTORE THESE SOUNDS
RECITE

RESTORE THESE SOUNDS
WALKING LURID LUMINOUS WAVES
I'M STILL LISTENING
RESTORE THESE SOUNDS
RECITE

WEAVES OF THE SEA
ARE STILL GLISTENING
TO THE BEAT OF MY FEET
CONTROL

BREATHING IN BREEZE
REMINISCING
TO THE DEEP IN LUNGS SWEEP
ENCORE

REPEATING BENEATH
ARE YOU LISTENING
SEEPING BELIEFS
NO MORE

CLINGING ON WREATH
HE IS LISTENING

2. HE IS LISTENING

3. EYES OF A CLOUD CATCHER

-
TRY TO SLEEP
YOU SHOULD
TRY TO SLEEP
YOU'RE IN EVERY SINGLE PART OF ME
I HOPE THAT YOU KNOW

TRY TO SLEEP
YOU SHOULD
TRY TO SLEEP
SISTER WET HIS LIPS
MOTHER BLESS HIS TRIP
I HOPE THAT HE KNOWS
WE'LL FOLLOW

WE ARE ALL HERE BY YOUR SIDE
WE ARE ALL HERE TONIGHT
WE ARE OLD HERE BY YOUR SIDE
WE ARE ALL HERE IN MOURNING LIGHT

TRY TO SLEEP
YOU SHOULD
TRY TO SLEEP
WARM SUMMER WIND
BLOWS THESE WHITE SHEET SAILS
THE SUNDIAL SHIP AWAITS HIM

TRY TO LEAP
YOU SHOULD
TRY TO REACH
INTO HIGHEST AIR
YOU'RE ALMOST THERE
AS LONG AS YOU KNOW
WE MISS YOU

WE ARE ALL HERE BY YOUR SIDE
WE ARE ALL HERE TONIGHT
WE ARE OLD HERE BY YOUR SIDE
WE ARE ALL HERE IN MOURNING LIGHT



4. SILHOUETTE PALETTE

-
KEEP RESTING ON MY ARM
THE SEETHING SPARKLES NUMB
YOUR SHINING STRINGS BRINGS OUT
THOSE OLD SONGS OF
VOICELESS NIGHTS
TINTS
ON YOUR YEARNING SKIN
HANDS MOVING IN
HANDS MOVING IN

AND YOU DON'T HAVE TO SPEAK A WORD
HEARD IT IN YOUR HEART
BEAT
SKIPS A LOT
IF ONLY FOR ME
AM I THE ONLY ONE LEFT IN THIS PLACE
YOU'RE THE SILHOUETTE OF MY WANTS
AND MY NEEDS
MY NEEDS

THIS SCENERY REMINDS ME
OF A LIGHTBULB UNIVERSE
WHO ARE YOU NOW?

STILL EVERYTHING REMINDS ME
OF OUR LIGHTBULB UNIVERSE
WHO ARE YOU NOW?

5. OF KEEN GAZE

-
SWIM
HAVE TO SWIM
LIPS ARE LEAKING
SPEAKING OILY TRENCH REMARKS
NOT HEARING CLEARLY

SWIM
HAVE TO SWIM
PORTRAITS DRINKING
SINKING THOUGHTS OF OLD MALIGN
"DID I DESIGN THIS"

SWIM
HAVE TO SWIM
FOAM THE FRINGED SKIRT CRINGES OUT
AN OLD FAMILIAR HURT
"UNDRESS THE REST"
SWIM

HAVE TO SWIM
FLOATING FEATHERS WAIT FOR WHISPERS TO PERVERT
"WHO LOVED YOU BEST"

"THESE ARMS ARE OARS"

SWIM
HAVE TO SWIM
PLASTIC VULTURES COSTUME CASSETS TO ABOARD
THE DEEP WIDE CHASM IS NEAR

OF KEEN GAZE
TELL ME NOW
WHEN CHOIR HAS SUNG AND NOTES DECAY
TELL ME NOW
WHEN ALL SEATS HAVE BEEN LEFT
TELL ME
WHY THIS WRITHE
BELONGS TO YOU
PLEASE TELL ME
JUST HOW MANY HARMONIES MUST ORCHESTRA FEED
OF KEEN GAZE
KEEP SINGING ON AND ON AND ON

SWIM
HAVE TO SWIM
CHIN IS WEAKENING
GASPING INVITATIONS TO
AN EMPTY BALLROOM

SWIM
HAVE TO SWIM
LEGS ARE SLEEPING
GRASPING IMITATIONS TO
AVOID YOUR WOMB

"THESE ARMS ARE OARS"

SWIM
HAVE TO SWIM
BEHIND A BURNING FLOCK OF PAPER DOVES
THAT'S GIVEN UP ON LOVE
ALL DROWN WITH HORSES



6. TRANSLATIONS

-
PULSATING THROUGH
WARY DEW
SUMMER LOSS
COUGHS

CARRY THROUGH

OPAQUE TALK
REPEATS
BRIDLE RELEASE
THE DRONING FATIGUE
CORRODING IN SLEEP

BARELY WITH BRUSHSTROKES
WE FOLLOWED
BARELY OUR PALMS COMBED THE SKY
BARELY WE ALL HELD OFF MORROW
CARRY THROUGH

BOLD HOLES DAUNT
BENEATH
DEATH IS YOUNG
AND AGGRIEVES
ALL SPEECHES INTO
A WORLD THAT WE KNEW

CARRY THROUGH

AS SAPPHIRE SALT RUNS
IN STREAMS
TRANSLATIONS ARE ALL IN ME
"THROUGH POLAROID ROADS, WE ARE LEAVING"

7. A LONG TIME LISTENING

-
SKYLINES
DREW LINES
UNDER MY EYES
HOW THE CHIME CAME QUICKLY

AIR
SHEATHING VAST
WHISTLING PAST
ALL THE COATS OF QUAIN GALORE
YOU KNOW
I NEED MORE
COME PURPLE DUSK
REMEMBER US

ELATE THE DUST ANEW
OH IT KNOWS I NEED

TO BLEAK PHYSIQUE OF STREETS
MY MY
CROOKED FRIENDS
ALL DESCEND
TO AN ENDING
BELIEVING IN ME

BENEATH
STAMPEDE
THE WORLD GIVES IN
FROM UNHOLDEST OF HEIGHTS
WHILE I LEAD THEM WITH ME
BELIEVING IN ME

SPIT SHINE
HOWLS IN HANDS
THE ARISING PHOENIX
DEMANDS THROUGH SQUALLS
A SENEX
BELIEVING
BELIEVING IN ME

GOODBYE
BREACHING HIGH
LEAVING OCEANS
NOW THE PALPITATING AIR
AT LAST
BELIEVES IN ME
BELIEVE IN ME

IT'S BEEN A LONELY HIGH
A LONG TIME LISTENING



8. IN THE DIRTIEST DEEP OF HOPE

-
KEEP YOUR HEAD DOWN
THIS WON'T LAST US FOR LONG
KEEP YOUR HEAD DOWN
A FIRM FEATHERY FOLD
FOR ONE LAST

HUSH, HUSH THE HEART
STRETCH OF SKIN BEGS
"DON'T LEAVE ME ANCHORED IN THE DIRTIEST DEEP OF HOPE"

HOW LONG UNTIL THE SUN
WEARS THE DOUBT
SCREAMS OUT HORROR
HOW LONG UNTIL
THE WARMTH OF HIS FOLD
FADES AWAY
HOW LONG UNTIL
THE SOUL SPEW

9. YELLOW NIGHTS

-
FLAY
OPEN UP
LET SWIRL THROUGH
IN MUTE

FLAY
OPEN UP
TO PURE AND CRUEL

FLAY
OPEN UP
TO PASTS PERFUME

ILLUME THE EYES
SHAWL REWINDS
RETURNS
WHILE MY TEETH ARE STILL SCRIBBLING
CARVING YELLOW NIGHTS
COMPOSING HEIGHTS

10. PAUSED

-
I'VE SEEN ENOUGH
HAD TO FALL WITH WEIGHT OF WATER
I AM THE CHOROS OF JEALOUS WINDS
WE CALL FOR LOVERS
FOR WHO KNOWS
HOW LONG UNTIL...

SLEEP DRAPED MY HEART
AND GATHERED GOLDEN SALTS OF SORROW
I KNOW THEM ALL
ONE WORE DOUBT AND SCREAMED OUT HORROR
AND IT KNOWS
HOW LONG UNTIL...

THE ECHO AN ODE TO THE PAUSE
I AM

HOW LONG UNTIL THE SUN...
OH THE ECHO AN ODE
THE ECHO AN ODE
TO ALL THAT IS PAUSED
HOW LONG UNTIL SOUL SPEW

THIS MINUET
WHEN ALL IS YOUNG AND CLOUDS ARE HEAVY
RUSTY YELLS AND PAST REGRETS
A MEMORY
OH A MEMORY
SEVERS ME
AND IT KNOWS
HOW LONG UNTIL...



11. IMPLOSIONS

-
HIS SCENT
IN VAGUE

THIS DARK
IS ALL I HAVE

IN SILK
WILD WIVES EMBRACE
THE LONGEST DAZING GAZE
NO LIGHT CAN HAUL THIS WALL
ITS ALL I HAVE

AWAIT
FOR HIS HANDS TO WARM MY HEART
FOR HIS SOUNDS TO CONQUER
STARK
LONE
DARK
FROM AFAR

NIGHTS
PEELING LIGHT
FEARING LIGHT ON SKIN
ALL THESE
IMPLOSIONS
KNOW THE OCEANS SOMBER MOTION
NOW HERE'S THE FALL

12. ALMOST AT A WHISPER

13. PIANISSIMO

-
WITH A CANNIBAL LOVE TONGUE
LEAVING THE MOUTH LONG
CAVERNOUS
THEN DRAWN
IT STAYS AWAKE

THE SEA IS HUNG
KNOW NO GLOW
NO GLARE
THE DARTED AIR
GROWS DARK

YOU ARE LEAVING ME NOTHING

COULD THIS BE
ALL THERE IS

I'M BREATHING THROUGH THESE
HOLES THROUGH CHEST
PERILOUSNESS

PUT ME ON TOP
OF THIS CATAPULT
AND HEAVE ALL NEEDS
PERILOUSNESS

A PALL THICK OF DEBRIS
IS SHAPING SHADOWS
AS THEY LEAN ON ME
PERILOUSNESS

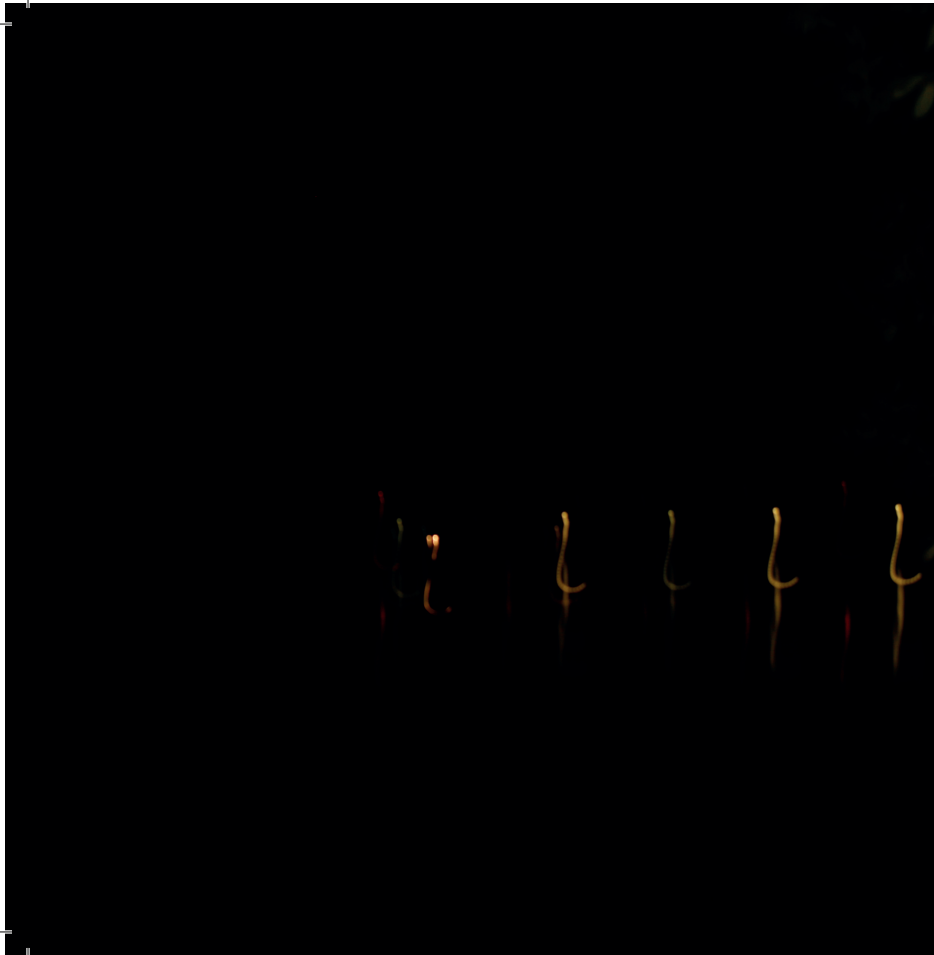
NOW THAT THIS CITY'S ASLEEP
LET OUR BODIES ROAR
THE SOARING BLISS
THAT LEAVES LIT GUST

SO CAREFREE
CALM ME FOR THIS NIGHT
LEAVE ME

STAY
CLEAN
ONLY FOR THIS NIGHT
ALIGN BLACK SPINE
STAY CLEAN
ONLY FOR THIS NIGHT
FOR THIS NIGHT
FOR THIS NIGHT
WILL THIS SHAME HAVE A NAME

HALCYON
CALM ME FOR THIS NIGHT
OH THIS SHAME HAS A NAME

SHE
THE NIGHT
FOR GIVING ME
THAT SOMEONE
NEW
THIS NIGHT
FOR LEAVING ME
WITH SOMEONE
NEW
THIS NIGHT
FOR LEAVING ME
WITH SOMEONE NEW



14. ONE WINTER SAILING

-
WINTER KNOWS ME

15. TIGER VEIL

-
TIGER VEIL
TIGER VEIL
I'VE DRAWN MYSELF RIGHT THROUGH ANOTHER PAINTING
FLEETING SCENES LIKE BLINKS
ALMOST HAD THEM
ALMOST I HAD THEM
IN HEART FORMATION

MY TIGER VEIL
TIGER VEIL
HALLWAYS HALF LIT
BUT STILL I STAGGER DRESSED IN DARK
MY TIGER VEIL
TIGER VEIL
I ROAM THESE ROOMS TO FIND CLOSURE AND TO FORGET

WHEN WILL THESE WALLS BEGIN TO WANE ME
I STILL NEED ONE MORE FEIGN
LUNGS BELIEVED
IT'S GETTING SO HARD TO BREATHE
THIS WILL NEVER BE HOME AGAIN

I STILL HEAR WINDOWS PREACH ANEW
I STILL NEED ONE MORE LIE
STARS DECEIVE
ARMS RELEASE
THIS WILL NEVER BE HOME AGAIN.

MY TIGER VEIL
TIGER VEIL
PERVERSIVE WAELS FROM OLD DANK CURTAINS ALL REPENT
MY TIGER VEIL
TIGER VEIL
YOU OWE ME ANOTHER MOMENT TO END

HOME
IT'S HOME FOR NOW

16. ABOVE THESE CITY LIGHTS

-
PULL MY HEART OUT
MY MEMORIES OF HIM I FAIL
TO FEEL
TO HEAR
TO SCENT HIS SMELL
HE IS GONE NOW
WITHOUT HIM WORLD IS BUT DESPAIR
"CAN SOMEONE PLEASE JUST TAKE ME THERE?"

THE CALM
COOL FACE OF THE RIVER
ASKED ME FOR A KISS

I'LL BE ABOVE THESE CITY LIGHTS
NO ONE NEEDS TO KNOW
BUT YOU

"CAN'T GO ON"
A CROWD OF GHOSTS SURROUNDING SINGS
A PAIR OF SILVER BANSHEE WINGS

"SO PLEASE JUST HOLD ON"
MY BODY ECHOES FROM THEIR SHRILL
THIS HEART IS SLOWLY BEATING STILL



17. TEMPO

-
BEREAVED OF NEW STARTS
BACK AT SHIMMERY STRANDS
VAST
WHERE MEMORY HANDS ME
ALL OF THE SINS
I'VE SENT FOR WAR
ALL THE SINS
I'VE SENT FOR WAR

I'VE SEEN THEM DESTROY
LEAVING BATTERED OLD ARMS
GRIEVING
"ALWAYS HOLD ON"
NUMB WAS THE TONGUE
WHEN SEA FLIT STAND
HUMMING HOWLS OF A ROMANCE

I'VE SEEN THIS BEFORE
STARS
NIGHT CARPET HAS BLOWN
HEARD WITH BORROWED MOAN
GHOSTS
OWN THE TEMPO OF MY HEART
OWN THE TEMPO OF MY HEART

CAN'T RECALL PAST FEW YEARS
SHORE SPOKE GENTLY
"YET, I FEEL"
TRUMPETS TRIUMPH
"LET THE YIELD, BE THY THRONE"

*elstan þóttu mín
þúttu er þúttu þér
ég salna þú
Húttu sonur
And Dan*

MOST QUIET
IT'S BEEN A LONELY HIGH
A LONG TIME LISTENING



TAKK:

EGILL TÓMASSON, BORGÞÓR JÓNSSON, JÓN GUNNAR
BORGÞÓRSSON, HARALDUR LEVÍ GUNNARSSON,
MAGNÚS ÞÓÐUR, AXEL FLEX ÁRNASON, ÞÓRÞUR
GUNNAR ÞORVALDSSON, VALDIMAR KRISTJÓNSSON,
SARA MARÍA, FÖRYNJA, LIV CAROLINE HOTVEDT
LAURSEN, BOWEN STAINES, DONALD GÍSLASON, GUBNI
FRANZSON, GUBRÚN HALLA GUBNADÓTTIR, BIRGIR
BIRGISSON, BRIAN PLUHAR, ÁRNI ÞÓR ÁRNASON, ÓSKAR
KJARTANSSON, HELGI RÚNAR GUNNARSSON, ESTHER
ÝR ÞORVALDSDÓTTIR, RÚNAR ÓMARSSON, NIKITA, HITT
HÓSIÐ, KRAUMUR & HELGI EGILSSON.

SPECIAL THANKS TO OUR DEAR FRIENDS IN DIKA,
MAMMÚT, FOR A MINOR REFLECTION, RÖKKURÓ, SUDDEN
WEATHER CHANGE, BRÓÐIR SVARTÚLFS, JELA AND TWO
TICKETS TO JAPAN WHO ALONG WITH BOWEN STAINES AND
HARPA RUT SIGURJÓNSDÓTTIR SANG WITH US ON THE
SONG "A LONG TIME LISTENING".

WE WOULD LIKE TO EXPRESS OUR DEEPEST HEARTFELT
THANKS AND OUR SINCEREST GRATITUDE TO OUR
FAMILIES AND FRIENDS, WHO EITHER PLAYED ON THIS
RECORD OR SUPPORTED & ENCOURAGED US THROUGHOUT
ITS MAKING.

TO ALL OF THE BANDS THAT WE HAVE HAD THE HONOUR
AND PLEASURE OF SHARING THE STAGE WITH.

TO OUR TEACHERS, WHO HAVE INSPIRED US THROUGHOUT
THE YEARS.

FINALLY, HUMBLE THANKS GOES TO YOU FOR LISTENING
TO OUR MUSIC.

THIS IS TRULY SOMETHING THAT WE WILL NEVER TAKE
FOR GRANTED.

LOVE,

AGENT FRESCO